

# Heskyn Mill Restaurant

## To Start

<b>Curried butternut squash soup.</b>	<b>£5.95</b>
<b>Goats cheese</b> with a slow roasted tomato and herb dressing.	<b>£7.95</b>
<b>Forest mushrooms</b> with herbs and garlic butter, on sourdough toast.	<b>£7.95</b>
<b>Duck liver pate</b> with our own red onion chutney.	<b>£6.95</b>
<b>Smoked salmon.</b> Severn & Wye Smokehouse. Traditional cold smoked.	<b>£8.95</b>
<b>Vickys award winning organic sourdough bread</b> with our own hummus.	<b>£3.95</b>

## Main Courses

<b>Aged Cornish sirloin steak</b> with fries, roasted tomato & mushrooms.	<b>£19.95</b>
Trevarthens, Penryn. Add a blue cheese or peppercorn sauce for	<b>£2.50</b>
<b>Cornish pork fillet</b> with local hogs pudding, crackling and crab apple sauce.	<b>£18.95</b>
<b>Cornish lambs liver</b> with bacon, onion gravy and mash.	<b>£16.95</b>
<b>Ox cheek</b> Slow cooked in Cornish ale. With horseradish mash.	<b>£18.95</b>
<b>Slow roasted confit duck leg</b> with an Autumn berry sauce.	<b>£17.95</b>
Free range, from Wickett's Farm, Bude.	
<b>Whole small Dover sole</b> with sea vegetables and lemon.	<b>£18.95</b>
<b>Fillet of local Brill</b> with dill, white wine and cream sauce.	<b>£19.95</b>
<b>Fillets of Cornish John Dory</b> with citrus butter.	<b>£19.95</b>
<b>Mushroom Wellington.</b> In a puff pastry case with a light mustard sauce.	<b>£16.95</b>
<b>Nut roast</b> topped with goats cheese and vegetarian gravy.	<b>£14.95</b>

**Main dishes include vegetables and potato unless otherwise described**

Our fish, meat and poultry are all sourced from the West Country

**We are proud to support our Local farmers, fishermen and producers**

Although all care is taken, fish fillets may still contain bones.

## Puddings - all £6.95

Bramley apple and berry crumble with custard.

Bread and butter pudding with custard.

Lemon posset with home made lemon curd and ice cream.

Sticky toffee pudding with toffee sauce.

Warm chocolate and walnut brownie with chocolate sauce and ice cream.

A Selection of Gerry's award winning Cornish ice creams.

Vanilla, real coffee and honeycomb.

**A platter of cheeses with biscuits £8.95**

For information regarding allergens in meals, please ask a member of staff

Please note that our Gravy and many of our sauces are gluten free.